



Lake Cable Animal Hospital - HAMBURGER AND RICE DIET

Hamburger and Rice is a bland and easily digestible diet that is used for many intestinal problems. You can allow your pet free access to water unless vomiting occurs or otherwise instructed..

1. Cook the hamburger or chicken by boiling or another method until done.
2. Rinse hamburger/chicken well to remove fat and blot on a paper towel.
3. Cook white rice as directed.
4. Mix 50% white rice with 50% of the hamburger or chicken.
5. Withhold all food and snacks for _____ hours.
6. Give _____ cups of the hamburger/rice mixture every _____ hours on the first day of feeding.
7. Give _____ cups of the hamburger/rice mixture every _____ hours on the second day of feeding.
8. Give _____ cups of the hamburger/rice mixture every _____ hours on the third day of feeding.

Once your pet is back to normal (i.e. no vomiting and normal stool), you can gradually change back to it's regular food over 3 to 5 days. Start by adding a few pieces of regular food to the hamburger/rice mixture and slowly increase the amount added. If vomiting/diarrhea continues or returns, please call us.